

**World Olive Center for Health**

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Athens: 03/12/2025
Cert. Num: C2526-00292

CERTIFICATE OF ANALYSIS

Brand Name: The Governor - Premium Edition
Owner: G DAPHNIS AND S DAPHNIS
Variety: LIANOLIA KERKIRAS
Origin:
Harvesting Period: NOVEMBER 2025
Oil Mill:

Analysis Date: 10/11/2025

Production Date:

Chemical Analysis

Oleocanthal	476	mg/Kg
Oleacein	295	mg/Kg
Oleocanthal+Oleacein (index D1)	771	mg/Kg
Ligstroside aglycon (monoaldehyde form)	74	mg/Kg
Oleuropein aglycon (monoaldehyde form)	75	mg/Kg
Ligstroside aglycon (dialdehyde form)*	188	mg/Kg
Oleuropein aglycon (dialdehyde form)**	65	mg/Kg
Free Tyrosol	<5	mg/Kg
Total tyrosol derivatives	738	mg/Kg
Total hydroxytyrosol derivatives	435	mg/Kg
Total polyphenols analyzed	1,174	mg/Kg

Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 23,47mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

*Ligstrodiol+Oleokoronal **Oleomissional+Oleuropeindial

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