

## **World Olive Center for Health**

76 Imittou St. 5th floor 11634, Pagkrati, Athens Tel: 2107525134 info@worldolivecenter.com



Athens: 25/11/2025

Cert. Num: C2526-00362

## **CERTIFICATE OF ANALYSIS**

Brand Name: ORGANIC MONOVARIENTAL Analysis Date: 21/11/2025

Owner: ANDROULAKIS EFTYCHIOS IOANNIS

Variety: Origin:

Harvesting Period: NOVEMBER 2025

Oil Mill:

**Chemical Analysis** 

**Production Date:** 

|  |                             | 4     |       |
|--|-----------------------------|-------|-------|
| Oleocanthal  |                             | 1,318 | mg/Kg |
| Oleacein   |                             | 264   | mg/Kg |
| Oleocanthal  | +Oleacein (index D1)        | 1,582 | mg/Kg |
| Ligstroside a  | aglycon (monoaldehyde form) | 114   | mg/Kg |
| Oleuropein aglycon (monoaldehyde form)               |                             | 82    | mg/Kg |
| Ligstroside agly <mark>con</mark> (dialdehyde form)* |                             | 190   | mg/Kg |
| Oleuropein aglycon (dialdehyde form)** RHEALTH       |                             | 102   | mg/Kg |
| Free Tyroso  | 1000                        | 10    | mg/Kg |
| Total tyrosol derivatives                            |                             | 1,633 | mg/Kg |
| Total hydroxytyrosol derivatives                     |                             | 448   | mg/Kg |
| Total polyphenols analyzed                           |                             | 2,081 | mg/Kg |

## Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 41,62mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

\*Ligstrodial+Oleokoronal \*\*Oleomissional+Oleuropeindial

Magiatis Prokopios

PROKOPIOS MAGIATIS

ASSOCIATE PROFESSOR

UNIVERSIDE OF ATHENS
FACULT OF PROFESSOR

PROFESSOR

FACULT OF PROFESSOR

AND NATURAL OF STATES CHEMISTRY